## Supplementary File 1. Items from the World Health Organization Trial Registration

Data Set.

| DATA CATEGORY                            | INFORMATION   |
|--|---|
| Primary registry and trial identifying   | ClinicalTrials.gov  |
| number                                   | NCT02932358   |
| Date of registration in primary registry | 11 October 2016   |
| Secondary identifying numbers            | CAAE 57717516.3.1001.5330   |
| Source of monetary or material support   | The present study was funded by the Brazilian Ministry of Health  |
|  | through the Program of Institutional Development of the Brazilian |
|  | Unified Health System (PROADI-SUS).                               |
| Primary sponsor                          | Brazilian Ministry of Health                                      |
| Secondary sponsor                        | Brazilian Ministry of Health                                      |
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| Public title                             | ICU VISITS STUDY  |
| Scientific title                         | Effectiveness and safety of a flexible family visitation model in |
|  | adult intensive care units: a cluster-randomized, crossover trial |
| Countries of recruitment                 | Brazil  |
| Health conditions or problems studied    | Delirium, ICU-acquired infections, anxiety, depression, burnout   |
|  | syndrome.   |

| Interventions                        | 1) Active comparator: Flexible family visitation model – ICU |
|--------------------------------------|--|
|                                      | visitation during 12 consecutive hours per day.              |
|                                      | 2) Control comparator: Restrictive family visitation model – |
|                                      | ICU visitation according to local policies.                  |
| Key inclusion and exclusion criteria | 1) ICUs  |
|                                      | - Inclusion criteria: Mixed medical-surgical ICUs with at    |
|                                      | least 6 beds and a restrictive policy of family visitation   |
|                                      | (<4.5 h/day).  |
|                                      | - Exclusion criteria: ICUs with structural or organizational |
|                                      | impediments to flexible family visitation.                   |
|                                      | 2) Patients  |
|                                      | - Inclusion criteria: patients aged ≥18 years admitted to    |
|                                      | the ICU.   |
|                                      | - Exclusion criteria: coma lasting > 96hs, cerebral death,   |
|                                      | aphasia, severe hearing deficit, predicted ICU length of     |
|                                      | stay <48 h, exclusive palliative treatment at ICU            |
|                                      | admission, unavailability of a family member to              |
|                                      | participate in the flexible family visits, unlikelihood to   |
|                                      | survive >24 h, prisoner status, readmission to the ICU       |
|                                      | after enrolment in the study.                                |
|                                      | 3) Family members  |
|                                      | - Inclusion criteria: closest family member of a ICU         |
|                                      | patient recruited in the study.                              |
|                                      | - Exclusion criteria: family members who do not speak        |
|                                      | Portuguese or have serious impediment in answering the       |
|                                      | self-applied questionnaires                                  |

|                          | 4) ICU professionals   |
|--------------------------|--|
|                          | - Inclusion criteria: ICU bedside professionals (physicians,     |
|                          | nurses, nursing technicians, and physiotherapists) who           |
|                          | assist patients during the daytime for at least 20 h per         |
|                          | week.  |
|                          | - Exclusion criteria: professionals who have a planned           |
|                          | leave of absence of >15 days during the study.                   |
| Study type               | Interventional   |
|                          | Allocation: randomized   |
|                          | Intervention model: crossover assignment                         |
|                          | Masking: open label  |
|                          | Primary purpose: prevention                                      |
| Date of first enrollment | 28 April 2017  |
| Target sample size       | 1650 patients  |
| Recruitment status       | Recruiting   |
| Primary outcome          | Cumulative incidence of delirium                                 |
| Key secondary outcomes   | Daily hazard of delirium, ventilator-free days, any ICU-acquired |
|                          | infections, ICU length of stay, and all-cause hospital mortality |
|                          | among the patients; symptoms of anxiety and depression and       |
|                          | satisfaction among the family members; and prevalence of         |
|                          | symptoms of burnout among the ICU professionals.                 |